



UNIFORM CARE/ DEPOSIT

As you are well aware, your uniform costs quite a bit of money. Proper care of your equipment is essential for yourself and the kids that will be using it in the future. We are asking you to keep your equipment clean and to follow these instructions:

Materials Needed: Dish soap, Bleach, Soft Scrub w/bleach, Wash rag (no scrub pad), old tooth brush, Car wax (no rubbing compound).

A) Helmets - They can and should be washed on a frequent basis. Remove team logo decals before **final** cleaning. **Do not** remove inventory decal on back of helmet or safety labels. PLEASE NOTE THAT YOUTUBE CONTAINS MANY HELPFUL VIDEOS ON HELMET DISASSEMBLY AND ASSEMBLY. YOU MUST KNOW THE HELMET MODEL NUMBER TO USE THE VIDEO TOOLS.

- a. Fill kitchen sink with hot, soapy water. Add 1/2 cup of bleach.
- b. Remove the Jaw pads from the helmet and place next to the sink (do not submerge Jaw pads).
- c. Dunk entire helmet into sink.
- d. Take the helmet apart (except mask). Leave all parts EXCEPT jaw pads (chin strap, air bladder and foam inserts) in sink.
- e. Remove helmet shell and place outside of sink.
- f. Using wash rag (or an old tooth brush on chinstrap) generously apply Soft Scrub on all parts and clean them. Foam helmet inserts may require some time to clean.
- g. Rinse all parts and set aside.
- h. Scrub jaw pads with Soft Scrub and an old tooth brush. Rinse and allow to air dry. DO NOT SUBMERGE THE JAW PADS.
- i. Place helmet shell in sink and wash shell using Soft Scrub, inside & out. Some elbow grease is needed to remove marks. Do not remove the rear number decal or safety labels. Rinse and set aside.
- j. Dry parts with towel.
- k. Using car wax, apply a coat of wax to the outer shell of helmet to bring the luster back to the helmet. **Do not** use Armor All or any greasy shiny material on the helmet shell.
- l. **VERY IMPORTANT!** Don't put the helmet back together until the following day (the white foam inserts need a day to dry!).
- m. Finally, clean excess dried wax off all helmet parts (old tooth brush works well).

B) Shoulder Pads- These too may be washed in warm soapy water at different times during the season and must be done at the end of the season.

- a. Separate pads from shell.
- b. Wash pads by hand in hot soapy water. Some Soft Scrub may be used to remove the dirt.
- c. Double rinse, squeeze excess water out, and air-dry 1 - 2 days before re-assembly.

C) Game / Practice Pants - Separate pads before washing.

Game pants (colored pants) - When washing in machine, use **non-chlorine bleach**, on a warm setting. **NEVER use bleach on Game pants.** Do not wash game pants with other colored clothes, as bleeding can occur. If stains do not come out, try using the product **OXY-CLEAN**. Soak pants in oxy-clean and try re-washing. After washing hang dry

Practice pants (white pants) - Machine wash on warm or hot, using **non-chlorine bleach**. **FOR WHITE PANTS ONLY** - At times during the season you may need to use chlorine bleach (end of season). Please use a double rinse cycle after using bleach. Try oxy-clean as well. Hang dry.

D) Foam Pads- Wash by Hand. Using the product Soft Scrub with bleach works very well. Washing them in the machine will only tear them. The pads must be washed at the end of the season.

E) Game Jerseys (colored jerseys) - Wash on a cold or warm setting. **NEVER** use bleach on Game Jerseys (colored). If stains don't come out, try washing with the product – **OXY-CLEAN**. **Hang dry**. If you must use a dryer, use "Air Only" setting (inks will melt and stick on higher settings).

DEPOSITS – During the season and just prior to uniform turn in at the end of the season, please follow these instructions. Items that are: broken, torn, missing, wet, or unusable will be deducted from your deposit.

***EQUIPMENT TURN- IN DATE : Will be scheduled after the season is complete at the RIVERSIDE SCHOOL gymnasium entrance**

*** LATE CHARGE = \$30.00 ***

(PARENT or GUARDIAN MUST BE PRESENT TO RECEIVE DEPOSIT BACK)

Thank You - Fondy Junior Football League Board